Our Mission

To preserve reproductive services, to promote health and wellness and to advocate for quality healthcare through grant making and education.

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2016 Highlights

• Now in its fourth year, Community Health Foundation’s grant program provided more than $130,000 to support non-profit organizations in our community working to prevent obesity, to prevent and manage chronic diseases, to promote healthy births and healthy sexuality and to fight mental health disorders and substance abuse.

• Healthy Families ‘16, a free community health and wellness event, had more than 367 participants and included 54 health-related exhibits, five healthy living demonstrations and four “Health Chat” panels led by professional providers.

• More than 5,500 copies of the Health Resource Guide for Clark and Champaign Counties were distributed. This comprehensive guide includes 300 pages of health and daily living information and is provided free of charge.

• CHF’s unreimbursed community benefit of $622,411 included community and family education events and programs, classroom offerings, community grants and clinical health services.

• CHF’s third annual reception attracted more than 300 guests. The entertaining evening featured the Healthy Humorist, Dr. Brad Nieder, who presented “Laughter is the Best Medicine.”

• CHF continued to provide clinical reproductive services in its pavilion to residents of Springfield and the surrounding community with no administrative or hospital fee assessed.

• CHF sponsored 23 community health and wellness events to promote a healthier Springfield, Clark and Champaign counties.

A community that cares.

• CHF provided more than 1,300 “My Plates” in English and Spanish to pre-school and elementary aged children to teach food portion size and healthy food choices.

• CHF provided 311 class sessions to 1,275 students at Clark County middle and high schools. Topics covered include: anti-bullying, healthy communication and relationship skills, and age-appropriate comprehensive sexual education, which includes an abstinence message.
Grants Awarded 2016-2017

Community Health Foundation provided grants to support the following non-profit organizations for the 2016-17 fiscal year:

**Alzheimer’s Association:** $2,500 for Clark County Connection. Alzheimer’s Association partners with local organizations and medical providers to provide support to Alzheimer's patients and their families.

**Big Brothers Big Sisters:** $10,000 for Camp Oty’Okwa. Children from low income families in Springfield get to experience summer camp at Camp Oty’Okwa in Hocking Hills, Ohio. Exercise, fun activities and healthy food are part of the camp experience.

**Champaign County Drug Free Youth Coalition:** $5,000 for Lifeskills expansion. The Botvin Lifeskills Training is an evidence based in-school program proven effective at reducing substance abuse and violence. The grant from CHF expanded the program into elementary schools in Champaign County.

**Community Mercy Med Assist:** $7,500 for Prescription Assistance. Med Assist is a prescription assistance program for underserved residents of Clark and Champaign Counties. It provides needed medication to patients who can’t afford it, allowing them to manage chronic diseases such as diabetes and heart disease.

**Dayton Children’s Hospital:** $5,000 for Needy Patient Fund. This grant provides support for life’s necessities to families from Clark and Champaign counties who have a critically ill child at Dayton Children’s Hospital.

**Deaf Community Resource Center:** $3,000 for Deaf Community Healthier Living programs. Through a series of workshops, professionals provide health information to Deaf people via an American Sign Language interpreter.

**Interfaith Hospitality Network of Springfield:** $5,000 for Akibol and Other Drug Counseling. Group counseling is offered to residents of the homeless programs of Interfaith Hospitality. The counseling supplements other treatment these individuals receive and is shown to improve their ability to become substance free.

**McKinley Hall:** $5,000 for children’s programming. Children are negatively impacted when a parent is addicted or in drug treatment. A case manager helps children build resiliency and social skills. The funds provide positive extracurricular activities for youth and teen peer groups which go beyond social service and counseling treatments.

**National Society to Prevent Blindness (Ohio affiliate):** $5,000 for Healthy Eyes program. This grant supports training for adult and preschool care providers, toolkits that promote healthy lifestyles, early detection and treatment and vision care outreach to local providers.

**Oesterlen Services for Youth:** $6,000 for Life Skills Development Center upgrades. Oesterlen Acres is the 4-H club for residents and community youth who use Oesterlen services. With this grant, the Farm View Cottage will be turned into a barn and meeting space for animal and non-animal 4-H projects.

**Ohio State University Extension, Family and Consumer Sciences:** $2,900 for Health Nuts Mini Camps. OSU Extension worked with National Trails Parks and Recreation to create a series of day camps for youth ages 7 – 12. Fun, active, educational activities are designed to introduce campers to healthy eating and physical exercise.

**On The Rise:** $7,000 for operating support. On-The-Rise gives at-risk children ages 10 – 16 training to help them be happy, contributing members of their community. The focus is on making healthy food choices and on strengthening relationship and communication skills.

**Planned Parenthood:** $5,000 for Springfield health center operations. The Springfield clinic provides essential services such as annual exams, reproductive cancer screenings, pregnancy tests, birth control and more. The grant helps serve women and men regardless of their ability to pay.

**Pregnancy Resource Clinic:** $5,000 for early prenatal care. Pregnancy Resource Clinic provides resources to pregnant women to help ensure a healthy birth. The clinic provides free pregnancy testing, ultrasounds and prenatal vitamins.

1,300 “My Plates” distributed to promote healthy eating habits and portion size in a fun way for kids.
Women are referred to area clinics and physicians for proper medical care throughout their pregnancy.

**Project Woman:** $4,000 for community advocacy and education. Project Woman partners with local schools, colleges and organizations to promote healthy attitudes and behaviors about dating and sexual relationships. Staff present classroom sessions, train school personnel and work to increase community-wide awareness of violence and its consequences.

**Recovery Zone:** $5,000 for Leading in Recovery. Recovery Zone offers supportive services in Urbana and Bellefontaine, Ohio to persons diagnosed with mental illness.

**Rocking Horse Center:** $8,000 for Flu Vaccine Initiative. Rocking Horse staff educate every adult in their practice about the value of flu vaccines. This grant allows the Center to vaccinate adults who are at increased risk of complications from the flu, even if they are uninsured or can’t afford a co-pay.

**Springfield Christian Youth Ministries:** $6,000 for Girlpower Afterschool. Girlpower is an afterschool program targeting physical, social, mental and emotional health for girls ages 10 - 15. This grant provides administrative support, supplies and equipment for the girls to participate in a culminating 5K walk – run.

**Springfield Promise Neighborhood:** $5,000 for Springfield Promise Grows. In order to promote awareness of and access to nutritious food, Promise Grows provides consumer education and produces fresh fruits and vegetables in the neighborhood.

**United Way of Clark, Champaign and Madison Counties:** $5,000 for 2-1-1 Information and Referral. United Way operates a nationally accredited 2-1-1 phone line and website to provide referrals to local services. The hot-line is available 24 hours a day, 7 days a week, 365 days a year.

**Wellspring:** $4,500 for FAST Family Food. Wellspring is an out-patient counseling center. The FAST afterschool program teaches students and their families to make a nutritious meal together, and then the family is given the ingredients to make the meal at home. Families are encouraged to continue the practice of home-cooking.

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24/7/365
hours/days/days per year the Clark, Champaign and Madison counties United Way hotline is available

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Grants. Activities. Education.
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Springfield Heart Surgeons
Springfield Masonic Community
The Turner Foundation
Wallace and Turner

Steve & Robyn Schumaker and Andy Wilson chat at
CHF’s annual reception.

Kids playing floor hockey at Healthy Families ‘16.
Community Health Foundation Announces New Program

CHF Introduces Oral Health Initiative

Oral health plays a key role in overall wellness. Studies indicate poor oral health is often linked to cardiovascular disease, low birth weight and poor school performance. In addition, dental pain is one of the top ten reasons for visits to the Springfield Regional Medical Center Emergency Department. And the most recent survey of third graders in Clark County revealed 15.5% have untreated tooth decay. (Ohio Department of Health)

Community Health Foundation is addressing these and other problems related to oral health by launching an initiative project. CHF has convened local leaders, dental professionals and interested community members to form an oral health coalition. The coalition is developing plans to address access, education and policy issues.

By improving access, more people will receive dental services for prevention of dental disease and treatment of oral health conditions.

Community education will ensure consistent, quality information about oral health is available.

Changes in policy will ensure community resources are promoting good oral health. The proposed fluoridation of community water systems in Springfield and New Carlisle will provide residents of those communities protection against tooth decay.

Community Health Foundation is devoting resources to this important health issue and is accepting grant applications which address oral health via access, education and policy.

CHF commits $90,000 to improve our community's oral health.

Health Nuts Mini Camps

Community Health Foundation provided a $2,900 grant to support a new collaboration between the Clark County Ohio State University Extension office and the National Trails Park and Recreation District (NTPRD). The free summer program, Health Nuts Mini camps, taught children the importance of healthy nutrition and physical activity. The young campers, ages 7 to 12, used hands on activities to learn about goal setting and to apply that knowledge to better health outcomes.

According to Penny Dunbar, NTPRD recreation specialist, “there was a need for kids to be more physically active and to eat healthier.” This is evident by the 2015 Clark County Youth Risk Behavior Survey which indicated 46% of middle school students are either overweight or obese.

At the day camps, children learned about healthy bones and teeth, the importance of fruits and vegetables, hidden sugars in common foods, proper portion size, and the many benefits of physical activity. They even got to experience a mud obstacle course!
There was something for everyone at Healthy Families ‘16.