

Summer 2017 foundation focus

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News Briefs



Save the Date!

Healthy Families '17 is Tuesday, October 3rd from 5-7 pm at the Hollenbeck Bayley Arts and Conference Center, 275 S. Limestone Street, Springfield. Healthy Families is a free health expo which provides information and resources you can use to get and stay healthy. Healthy Families '17 features health screenings, exhibits, demonstrations and a chance to ask a doctor or health professional a question regarding your family's health. Plan now to stop by Healthy Families '17 on October 3rd!

Community Grants Program!

Thousands will benefit from our grants program... like "On the Rise" a training program for at-risk children. More on page 4.



CHF Celebrated!



Scott Burton, Stage IV cancer survivor, comedian and juggler, shared "Looking for Laughter in all the wrong places" at CHF Celebrates, Community Health Foundation's annual reception on March 15. More

than 250 enjoyed Scott's message as well as the wonderful food, drink and fellowship. Terry Van Auker opened the evening with his talented guitar playing and singing.

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Over 250 people attended the Annual Reception.



Scott Burton, featured speaker, performs.



Relaxing before the keynote presentation.



Dr. Kurian laughs along with other guests.

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Editor: Joy Rogers. Please email comments, story ideas or other contributions to rojgers@mercy.com. If you prefer not to receive this publication, please let us know.

Community Health Foundation: Out and About



We are always happy to visit with members of the community. We are out and about quite a bit and invite you to stop by and chat. We have health resource guides, My Plates for children and healthy recipes available for you.

Upcoming events:

Springfield Farmers' Market

July 1, August 19, September 9th
9:00 am-1:00 pm

New Carlisle Farmers' Market

Dates to be announced
Check the CHF Facebook page for updated and new information.

Oral Health Coalition

The CHF facilitated oral health coalition continues to meet and is now accepting grant applications. The group is focused on improving the oral health of our community via education, access and policy. For improved access, the Rocking Horse Community Health Center is planning to open its dental clinic later this year and is seeking additional funding to help with this new outreach to our community. Policy wise, the coalition supports the fluoridation of our community water supply. Education needs are currently being assessed.

For further information, please contact Joan Elder of CHF at 937-523-7007 or jelder@mercy.com.

Thanks for Giving!

Community Health Foundation is very appreciative of those who make a gift to support its mission to preserve reproductive services, to promote health and wellness and to advocate for quality healthcare through grant making and education. Community Health Foundation sincerely thanks the following individuals and organizations for their generous gifts received from October 1, 2016 to April 30, 2017.

Adele and David Adkins
Adult Hypertension and Kidney Specialists LLC
Advanced Nephrology & Hypertension
Cathy and Don Balas
Dan & Sally Barksdale
Bill and Deanna Brougher
John A. Brown, Jr.
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Mark Elliott and Kathy Limes
Dana and Cheryl Engle
Larry and Kim Fish
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Dr. Alan and Bonnie Gabbard, in memory of
Richard Tapogna, M.D. and Dennis Sullivan, M.D.
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The Springfield Foundation
Springfield Gastroenterology

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Ted and Jodi Vander Roest
Sanju Varghese, M.D.
Virginia Warren
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Anonymous (6)

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Security National Bank
Sheehan Brothers Vending
Springfield Foundation
Springfield Heart Surgeons
Springfield Masonic Community
The Turner Foundation
Wallace and Turner

CHF Welcomes New Board Members

Community Health Foundation recently welcomed two new board members, **John Brown**, president of Security National Bank, and **Yamini Teegala, M.D.**, medical director for Rocking Horse Community Health Center.

Officers for the organization include: **Robyn Koch-Schumaker**, chair, **Mark Elliott**, vice-chair, **Darrell Kitchen**, treasurer, **Lily Daugherty, M.D.**, secretary, **Jim Peifer**, past-chair and **Stephanie McCuiston**, member at large.

Retiring from the board were **Cathy Balas** and **Maria Goeser**. CHF is grateful for the outstanding service of its current and former board members.



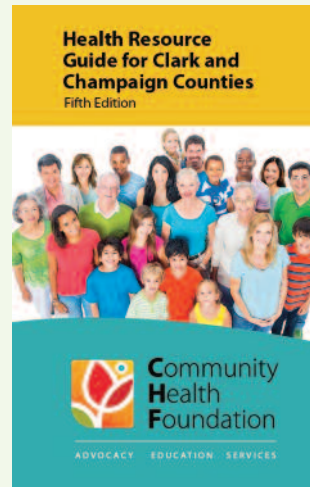
Brown



Teegala

Health Resource Guide for Clark and Champaign Counties

Community Health Foundation is putting the finishing touches on the fifth edition of our free **Health Resource Guide**.

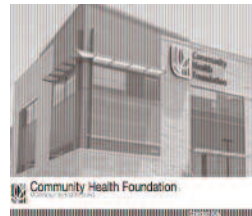


This 300 page resource book is filled with health and daily living information for members of our community, especially vulnerable populations. The guide is offered free of charge. Please contact Diane Van Auker at 631-7703 to reserve your copy.



You're Invited!

Please plan to visit Community Health Foundation, 200 Medical Center Drive, Springfield, (the building adjacent to the emergency department of Springfield Regional Medical Center) when we host our open house on Wednesday, June 7th from 4:30-6:30 pm. Meet our staff, tour our facility, learn a bit more about CHF and the services and programs we provide and enjoy some refreshments. Please park in Springfield Regional Medical Center Gray lot 8. If you have any questions, please call 523-7002 or 523-7007.



Follow us on Facebook for latest news, events and all CHF info!

CHF Celebrated!

Continued from page 1

Robyn Koch Schumaker, CHF board chair, and Joy A. Rogers, CHF executive director, shared foundation highlights of 2016 with the audience.

Those highlights include:

- Providing \$622,411 in unreimbursed

benefit to the community which included community and family education events, classroom offerings, community grants and clinical health services.

- 34 grants awarded totaling \$130,475 to nonprofit organizations focused on health and wellness;

- 5,500 free copies of the Health Resource Guide distributed;
- 1,300 "My Plates" given to pre-school and elementary aged children to teach food portion size and healthy food choices;
- The free health and wellness expo, Healthy Families, which had more than 360 visitors and included 54 exhibits, healthy living demonstrations and "Health Chat" panels led by professional providers;
- The formation of the oral health coalition.



Maureen Fagans enjoys the evening.



The buffet was delicious!

Mark your calendars for Wednesday, March 14, 2018 for our next CHF Celebrates at "Spring into Wellness!" at the Clark State Hollenbeck Bayley Arts and Conference Center.

CHF Board Awards \$180,000 in Grants

Striving to improve the health and wellness of our community, the Board of Trustees of Community Health Foundation approved grants of \$180,000 at its April 24th board meeting. The grants are provided to non-profit organizations in Clark and Champaign counties which provide programs and services promoting health and wellness. Grant focus areas include healthy living, safety net services, reproductive health, promoting mental and emotional health and fighting substance abuse. Thousands of residents benefit from these programs supported by the CHF community grants program.

Grants were awarded to:

Big Brothers, Big Sisters of Springfield, \$10,000

Catholic Charities of Southwestern Ohio, \$10,000

Children's Rescue Center—Community Garden, \$3,000

Clark County Combined Health District, \$8,494

Community Mercy Health Foundation, \$5,000

Girls on the Run, \$10,000

Good Shepherd Food Pantry, \$6,000

Interfaith Hospitality Network of Springfield, \$10,000

National Society to Prevent Blindness, \$5,000

Oesterlen Services for Youth, \$3,500

Ohio State University Extension, \$2,900

On the Rise, \$7,000

Planned Parenthood, \$8,500

Pregnancy Resource Clinic of Clark County, \$10,000

Project Woman, \$7,500

Quest Adult Services, \$3,500

Rocking Horse Community Health Center, \$10,000

SIFI Ministry, Inc., \$5,000

Springfield Christian Youth Ministries, \$6,000

Springfield City School District, \$3,900

Springfield Family YMCA, \$4,500

Springfield Initiative, \$5,000

Springfield Metropolitan Housing Authority, \$5,000

Springfield Peace Center, \$5,000

United Senior Services, \$10,000

**United Way of Clark, Champaign & Madison Counties,
\$10,000**

Wellspring, \$4,500



Teens work in Osterlein garden.



Big Brothers, Big Sisters of Springfield at camp.



ADVOCACY • EDUCATION • SERVICES

200 Medical Center Drive
Springfield, OH 45504



937-523-7000

www.community-health-foundation.org

CHF's mission:

*To preserve reproductive services,
to promote health and wellness
and to advocate for quality
healthcare through grant making
and education.*