

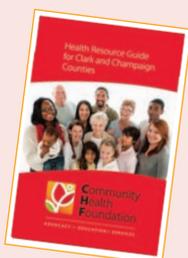
Issue 8, Summer 2015

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FREE Health Resource Guide

The latest edition of the Health Resource Guide for Clark and Champaign counties is now available. This free, informative guide contains health and daily living information for people of all ages. It is also a directory of services and providers in our community. Special thanks to the Physicians' Charitable Foundation of the Miami Valley and the CareSource Foundation for their charitable contributions in support of the guide. Contact Diane Van Auken at 937-631-7703 or dvanauken@gmail.com to learn more about the guide and to request your copy.



Community Health Foundation (CHF) Adopts New Mission Statement and Strategic Plan

Community Health Foundation's Board of Directors recently adopted a new mission statement and strategic plan. The new mission is: To preserve reproductive services, to promote health and wellness and to advocate for quality healthcare through grant making and education. The mission reflects the organization's ongoing commitment to provide reproductive services such as tubal ligations and long acting contraceptive shots in its health care pavilion adjacent to Springfield Regional Medical Center.

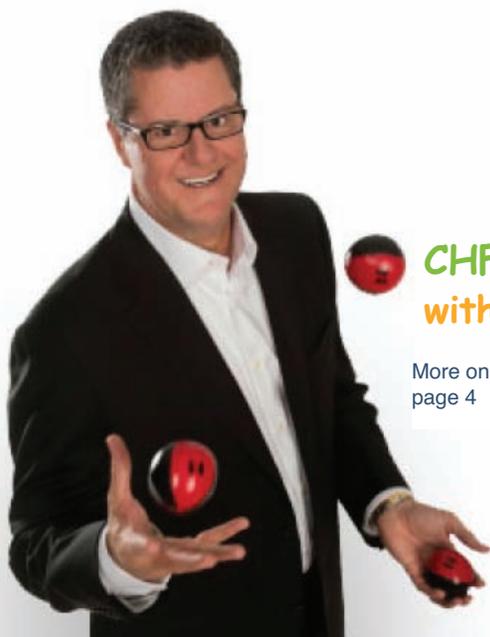
The organization is also committed to support health and wellness efforts in our community, to grow its grant making focus and to continue its free education program for middle and high schools students.

Strategic goals for July 2015-June 2017 include: improve CHF's grant making; enhance the visibility and awareness of CHF and its programs and reduce risk taking behavior in our community. CHF's vision is:

CHF's new mission:

To preserve reproductive services, to promote health and wellness and to advocate for quality healthcare through grant making and education.

- to deliver effective programs while adapting to new and future health issues;
- to have a greater focus on grant making and initiate or support new health and wellness programs;
- to be a visible and reliable partner;
- to have a significant impact on health concerns in our community;
- to provide effective stewardship of resources so the organization grows its outreach and impact for a healthier community.



CHF's Annual Reception 2015, Juggling Life... with Curtis Zimmerman a Great Time for All!

More on page 4

An entertaining and compelling presentation by motivational speaker and best-selling author, Curtis Zimmerman, at CHF's annual reception in March is still being talked about in our community. Many also continue to practice their juggling skills!

More than 160 persons enjoyed the reception and shared food, drink and fellowship with friends and community and healthcare leaders.

Zimmerman's presentation, Life at Performance Level, was engaging

Save the Date: October 6, 2015

Hollenbeck Bayley Conference Center

Healthy '15 Families!

This fall, CHF will once again present a free family health and wellness event. Healthy Families '15 is an interactive health and wellness fair designed to give you the information you need to live a healthier life. Focus areas include the Man Cave, Kid's Clubhouse, Super Seniors and Just for Women.

You'll find stage and small group presentations which promise to provide valuable information and resources.

Join us at Clark State's Hollenbeck Bayley Arts and Conference Center on **Tuesday, October 6th from 5-7 pm.** Visit exhibits, catch a mini lecture from a doctor or other health professional and receive free health and wellness screenings and information. More than 75 exhibitors are expected. For sponsorship information, please contact Joy Rogers at 937-523-7001 or by email jrogers@mercy.com.



Guests learn Zumba.



Attendees interact at Healthy Families '15.



Dr. Neraveta offers healthy advice.



Health Screeners speaking at the event.



Come See Us at the Farmers Market

Stop by the Community Health Foundation table at the Springfield and New Carlisle Farmers Markets. We'll have healthy recipes for you to try using the fresh fruit and produce you pick up at the market as well as free copies of our Health Resource Guide for Clark and Champaign counties. We'll also have the nutritional friendly "My Plates" for kids to help ensure your children are eating the proper amount of fruits, vegetables, protein, grains and dairy. We'll be at the Springfield Farmers Market on Saturday, July 18 and August 8th from 9am-12:30pm and at the New Carlisle Farmers Market on Saturday, July 25th from 9am-1pm. EBT and debit card purchases are available. Eat healthy and deliciously this summer and support local farmers and vendors—see you at the Farmers Market!

Thanks for Giving!

Community Health Foundation is very appreciative of those who make a gift to support its mission to preserve reproductive services, to promote health and wellness and to advocate for quality healthcare through grant making and education.

Community Health Foundation sincerely thanks the following individuals and organizations for their generous gifts received from January 1, 2015 through June 22, 2015.

Bill and Deanna Brougher
Susie Brougher
Cole Acton Harmon Dunn
Randall and Tamara Comer
Karen Duncan
Larry and Kim Fish
Ms. Peg Foley
Wendy and Eddie Ford
D. Donald Jones

Mae A. Kendall
Sondra Kramer
Roger and Barb Krohn
Mark Lechner
Matthew and Stephanie McCuiston
Dan and Judy McGregor
Ms. Dian Schmid
Women's Council of Springfield
Board of Realtors

CHF Awards \$120,875 in Grants to 19 Community Organizations

Community Health Foundation continues to expand its impact and reach by supporting health and wellness programs. Our grant priorities are based on our mission and the community health assessments of Clark and Champaign Counties. Funded programs fall into the categories: Healthy Living, Reproductive Health, Healthy Relationships, and Mental and Emotional Health.



The "Flu Vaccine Team" from Rocking Horse Health Center.



Families enjoy the Family Cafe, in the Springfield Promise Neighborhood.

Special thanks go to the CHF grant committee, which is comprised of CHF Board members and community leaders. These dedicated volunteers have the challenge of reviewing all grant applications and recommending grant awards. Grant committee members include: Cathy Balas, Christina Conover, Lily Daugherty, M.D., Mark Elliott, Virginia Estrop, Wendy Ford, Anne Holtz, Robyn Koch-Schumaker, Doug Lineberger, Steve Neely, Daragh Porter-Wobbe, Sheila Rice and Ted Vander Roest. CHF appreciates their time and dedication!

2015 – 2016 Grants

Alzheimer's Association for Clark County Connection, \$5,000;

Big Brothers Big Sisters for Camp Oty' Okwa, \$10,000;

Catholic Charities Southwestern Ohio for "Paving" the Road to Good Health: A mobile partnership, \$10,000;

Community Mercy Med Assist for prescription assistance, \$16,075;

Deaf Community Resource Center, Inc. for Deaf community healthier living, \$6,000;

Interfaith Hospitality Network of Springfield for alcohol and other drug counseling, \$5,000;

Oesterlen Services for Youth for a therapy garden, \$5,000;

On The Rise for operating support, \$7,000;

McKinley Hall for Project DAWN, \$5,000;

Planned Parenthood for professional training for youth educators, \$3,300;

Pregnancy Resource Clinic of Clark County for the Pregnancy Resource Clinic, \$5,000;

Project Woman for All Ready! prevention education, \$6,500;

Recovery Zone for wellness management and recovery training, \$7,500;

Rocking Horse Health Center for flu vaccine initiative, \$8,000;

Safe Harbor House for a Safe Harbor equipping conference, \$1,500;

Springfield Christian Youth Ministries for Girlpower Afterschool, \$6,000;

Springfield Promise Neighborhood for FOOD access/FOOD engagement, \$5,000;

United Way of Clark, Champaign and Madison Counties for 2-1-1 Information and Referral, \$5,000;

Wellspring for FAST family food, \$4,000.

NEWS BRIEF



2014 Annual Report Available

Learn more about Community Health Foundation's services, programs and highlights. For instance, did you know CHF provided unreimbursed community benefit of \$450,321 in 2014? This number includes our classroom offerings, community and family education events and programs, community grants and clinical health services. Please let us know if you'd like a printed copy of the Community Health Foundation annual report. Contact Barb Sutter at 937-523-7002 or by email at bsutter@mercy.com to request a copy. The annual report is also available on the CHF website, www.community-health-foundation.org.

Support CHF

Like the work we are doing in our community? Please consider a tax-deductible, charitable contribution to support these efforts. Gifts may be sent to: CHF, 200 Medical Center Drive, Springfield OH 45504. For more information, please contact Joy Rogers at 937-523-7001.

CHF's Annual Reception 2015, Juggling Life with Curtis Zimmerman



Guests at the Annual Reception attempt to juggle.

Continued from page 1

and thought provoking. It was preceded by brief remarks by James Peifer, CHF Board Chair, and Joy A. Rogers, Executive Director of CHF.

Next year's reception is Wednesday, March 16th at the Hollenbeck Bayley Arts and Conference Center—mark your calendars now!



Guests enjoy appetizers before the program.

CHF Celebrates Its Volunteers



Community Health Foundation hosted a social hour for its valued volunteers recently to show its appreciation for their help and support. The evening included musical entertainment by Terry Van Auken, great weather, excellent food and drink and fun with friends. Volunteers help Community Health Foundation by serving on committees, preparing for and working community health and wellness events and helping at the CHF annual reception.

foundation
focus

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Editor: Joy Rogers. Please email comments, story ideas or other contributions to jrogers@mercy.com. If you prefer not to receive this publication, please let us know.



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ADVOCACY • EDUCATION • SERVICES

Community Health Foundation

